

John M. Stamos, MD is the Director of Pain Management at Syosset, Franklin, and Plainview Hospitals. He is also a Pain Management Specialist at North Shore University Hospital in Manhasset. He completed his medical training at the Uniformed Service University of Health Sciences and his residency in Anesthesiology at the Walter Reed Army Medical Center.

Dr. Stamos is also the author of the bestselling books Pain Buster and Living Your Life Pain Free.

Grace Forde, MD is the Director of Neurology at NAPP. She practices at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. A graduate of the Albert Einstein School of Medicine, she completed her residency in Neurology at the University of California San Francisco.

Peter A. Kechejian, MD is an Interventional Pain Management Specialist and the Director of Oncology Pain Services at NAPP. He practices at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. A graduate of Georgetown School of Medicine, he completed his residency in Anesthesia and a Fellowship in Pain Management at the University of Massachusetts Medical Center.

Raju M. Mantena, DO is an Interventional Pain Specialist at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. Dr. Mantena received his Doctor of Osteopathy degree from Nova-Southeastern. He completed his Fellowship in Interventional Pain Medicine at Mount Sinai Hospital in New York City.

Andrew T. Ng, MD is the Director of Pain Management at Vassar Brothers Medical Center in Poughkeepsie, New York. After completing a Masters in Biomedical Engineering from Rensselaer Polytechnic Institute, he received his Medical Doctorate from New York Medical College. He completed a residency in Anesthesiology and a fellowship in Pain Management at Mount Sinai Medical Center in New York City, and had been an Assistant Professor of Anesthesiology and Pain Management at Westchester Medical Center prior to joining NAPP. He is a Diplomate of the American Board of Anesthesiology with a subspecialty certification in Pain Management. Dr. Ng also has a medical certification in acupuncture.

Reginald M. Rousseau, MD is an Interventional Pain Specialist at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. Dr. Rousseau completed an international Pain Management Fellowship at Mount Sinai Hospital in New York City.

Mary Milano Carter, NP is the Nurse Practitioner and Director of Clinical Pain Services for Pain Management at Syosset, Franklin, and Plainview Hospitals. She holds a Master's Degree in Science and a post-Master's Degree as an Adult Nurse Practitioner from Adelphi University

Elaine M. Herzog, NP is the Nurse Practitioner and Coordinator of Pain Service for the Department of Anesthesiology at North Shore University Hospital in Manhasset. She holds a Master of Science Degree in Nursing and a post-Master's Degree as an Adult Nurse Practitioner from Adelphi University.

Pain Management Services



Pain Management Locations

Inpatient pain management services are provided at North Shore University Hospital, Franklin Hospital, Plainview Hospital, Syosset Hospital, Vassar Brothers Medical Center and Westchester Medical Center.

To schedule an outpatient consultation with a skilled NAPA pain management professional, contact the office you would like to visit directly:

Syosset Office:

Located in Syosset Hospital
221 Jericho Turnpike, Syosset, NY 11791
Phone: 516-496-6447 • Fax: 516-496-6562

Fishkill Office:

Located in Vassar Brothers Medical Mall
200 Westage Business Center, Suite 131
Fishkill, NY 12524
Phone: 845-838-8179 • Fax: 845-838-8169

Valley Stream Office:

Located in Franklin Hospital
900 Franklin Avenue, Valley Stream, NY 11580
Phone: 516-256-6134 • Fax: 516-256-6984

North American  Partners in Pain Management

Help for patients with chronic pain

North American  Partners in Pain Management

NAPPM.

The expertise you trust.

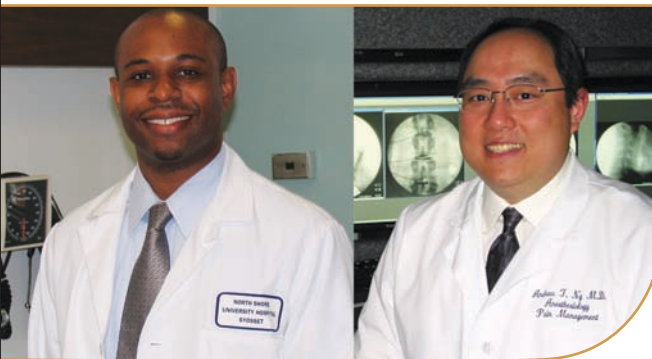
The relief your patients deserve.

NAPPM helps patients who suffer from severe acute and chronic pain manage their pain and improve their quality of life.

The facts are startling! It is estimated that more than fifty million Americans suffer from persistent pain every single day. We are North American Partners in Pain Management (NAPPM), a division of North American Partners in Anesthesia (NAPA). We believe that most pain can be managed and worsening health and psychological complications may be avoided with accurate assessment, proper diagnosis and treatment.

From our locations in Syosset Hospital and Franklin Hospital, our physicians work with other physicians to prescribe and closely monitor appropriate diagnostic tests, procedures and medications for patients ranging in age from older adolescent to geriatric.

We're committed to the relief of suffering that comes from pain that does not respond to conservative treatment. NAPPM is dedicated to providing safe and effective options because no one should have to live with chronic or persistent pain.



How we help.

The following is a list of pain management services offered through NAPPM. Ambulatory procedures are performed in our outpatient procedure area, while minor procedures are performed in the examination room.

- Epidural steroid injections
- Trigger point injections
- Joint injections
- Medication management
- Acupuncture
- Botox® Injections
- Nerve blocks
- Sympathetic blocks
- Patient-controlled analgesia (PCA)
- Post-operative epidural catheters
- Nucleoplasty
- Discography
- Spinal cord stimulation
- Intrathecal Infusion Devices

Specialists assisting specialists.

North American Partners in Pain Management is a division of NAPA, the leading and most progressive private practice anesthesia group in the country. Since 1999, NAPPM (formerly North Shore Pain Services) has been providing interventional and pain management services delivered by a team of expert anesthesiologists, neurologists, physiatrists, and nurse practitioners.

North American  Partners in Pain Management

Our board-certified pain management professionals are leaders in their fields, participating in ongoing education to keep current about the most advanced treatment and medication developments. To view their qualifications, please visit our website at www.NAPPM.com.

NAPPM helps patients with the following conditions:

- Head and neck pain
- Low back pain
- Sciatica
- Post back surgery pain
- Arthritis
- Complex Regional Pain Syndromes
- Malignant and non-malignant cancer pain
- Occupational injuries
- Accidental injuries
- Shingles pain
- Peripheral Neuropathy
- Pelvic/Urogenital pain
- Postoperative pain
- Neuralgias
- Phantom limb pain
- Muscle spasm/Myofascial Pain Syndrome
- Multiple Sclerosis pain and spasticity
- Post stroke pain
- Urinary incontinence and retention