

John M. Stamos, MD is the Director of Pain Management at Syosset, Franklin, and Plainview Hospitals, and a Pain Management Specialist at North Shore University Hospital in Manhasset. He completed his medical training at the Uniformed Service University of Health Sciences and his residency in Anesthesiology at the Walter Reed Army Medical Center. Dr. Stamos is also the author of the best-selling books Pain Buster and Living Your Life Pain Free.

Grace Forde, MD is the Director of Neurological Services at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. A graduate of the Albert Einstein School of Medicine, she completed her residency in neurology at the University of California San Francisco.

Peter A. Kechejian, MD is an Interventional Pain Management Specialist and the Director of Oncology Pain Services at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. A graduate of Georgetown School of Medicine, he completed his residency in Anesthesia and a Fellowship in pain management at the University of Massachusetts.

Raju M. Mantena, DO is an Interventional Pain Specialist at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. Dr. Mantena received his Doctor of Osteopathy degree from Nova-Southeastern. He completed his Fellowship in Interventional Pain Medicine at Mount Sinai Hospital in New York City.

Reginald Rousseau, MD is an Interventional Pain Specialist at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. Dr. Rousseau completed his medical degree and internship from SUNY at Stonybrook.

Samuel P. Thampi, MD is an Interventional Pain Specialist at Syosset, Franklin, and Plainview Hospitals and North Shore University Hospital in Manhasset. He completed his residency training in Physical Medicine and Rehabilitation at St. Vincent's Hospital Medical Center in New York and Pain Management Fellowship at Emory University.

Mary Milano Carter, NP is the Nurse Practitioner and Director of Clinical Pain Services for Pain Management at Syosset, Franklin, and Plainview Hospitals. She holds a Master's Degree in Science and a post-Master's Degree as an Adult Nurse Practitioner from Adelphi University

Elaine M. Herzog, NP is the Nurse Practitioner and Coordinator for Pain Service for the Department of Anesthesiology at North Shore University Hospital in Manhasset. She holds a Master's Degree in Science and a post-Master's Degree as an Adult Nurse Practitioner from Adelphi University.

Pain management services from a trusted leader.

Outpatient consultation is by appointment only. Inpatient services are provided at North Shore University Hospital in Manhasset, Syosset Hospital, Plainview Hospital, and Franklin General Hospital. Call 516-496-6447 or visit www.NAPPM.com.

The Practice of:

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Mary Milano Carter, NP

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North American
Partners in Pain Management

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Need help managing your patient's chronic pain?



Take on a partner.



North American
Partners in Pain Management

NAPPM. The expertise you trust. The relief your patients deserve.



NAPPM helps patients with severe acute and chronic pain manage their pain and improve their quality of life.

The facts are startling. It is estimated that more than 50 million Americans suffer from persistent pain every single day. We are **North American Partners in Pain Management (NAPPM)**, a division of North American Partners in Anesthesia (NAPA). And we believe that with accurate assessment, proper diagnosis, treatment, and re-evaluation of patients, most pain can be managed and worsening health and psychological complications may be avoided.

From our locations at Syosset Hospital and Franklin Hospital in Valley Stream, our physicians work with other physicians, to prescribe and closely monitor appropriate diagnostic tests, procedures and medications for patients ranging in age from older adolescent to geriatric.

We're dedicated to relieving suffering from pain that does not respond to conservative treatment, by providing safe and effective options. Because no one should have to live with chronic or persistent pain.

How we help.

Following is a list of pain management services offered through NAPPM. Ambulatory procedures are performed in our outpatient

procedure area, while minor procedures are performed in the examination room.

- Medication management
- Epidural steroid injections
- Trigger point injections
- Joint injections
- Acupuncture
- Botox® Injections
- Nerve blocks
- Sympathetic blocks
- Patient-controlled analgesia (PCA)
- Post-operative epidural catheters
- Nucleoplasty
- Discography
- Spinal cord stimulation
- Implantable morphine pumps

Specialists assisting specialists.

North American Partners in Pain Management is a division of NAPA, the largest and most progressive private practice anesthesia group in the country. Since 1999, NAPPM (formerly North Shore Pain Services) has been providing interventional and pain management services delivered by a team of expert anesthesiologists, neurologists, physiatrists, and nurse practitioners.

Our board-certified pain management professionals are leaders in their fields, participating in ongoing education to keep current on the most advanced treatment and medication developments. To view their qualifications, please visit our website at www.NAPPM.com.



North American
Partners in Pain Management

NAPPM helps patients with the following conditions:

- Head and neck pain
- Low back pain
- Sciatica
- Post back surgery pain
- Arthritis
- Complex Regional Pain Syndromes
- Malignant and non-malignant cancer pain
- Occupational injuries
- Accidental injuries
- Shingles pain
- Peripheral Neuropathy
- Pelvic/Urogenital pain
- Postoperative pain
- Neuralgias
- Phantom limb pain
- Muscle spasm/Myofascial Pain Syndrome
 - Multiple Sclerosis pain and spasticity
 - Post stroke pain
- Urinary incontinence and retention

